

FREEDOM FROM COLDS & HEADACHES.
INDIGESTION & SOUR STOMACH BILIOUSNESS & CONSTIPATION
 and other ills, due to an inactive condition of the Liver, Stomach and Bowels, may be obtained most pleasantly and most promptly by using Syrup of Figs and Elixir of Senna. It is not a new and untied remedy, but is used by millions of well-informed families throughout the world to cleanse and sweeten and strengthen the system whenever a laxative remedy is needed.

When buying note the full name of the Company—California Fig Syrup Co.—printed on every package of the genuine.

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THE ORIGINAL and GENUINE **SYRUP OF FIGS** and **ELIXIR OF SENNA** IS MANUFACTURED BY CALIFORNIA FIG SYRUP CO.

GRADUATE NURSES VISIT CLOUDCROFT

Will Spend a Day Among the Pines at the Cool Resort.

On board the graduate nurses special the delegates to the annual state meeting of the Graduate Nurses' association left Thursday morning for Cloudcroft to spend the day among the pines.

The visitors, accompanied by the local graduate nurses left Thursday evening. Dr. Herbert E. Stevenson, head of the new baby sanatorium, accompanied the graduate nurses and acted as host at the new sanatorium for the conservation of baby life. Lunch was served at the sanatorium and the day was spent in visiting the places of interest on the mountain.

A brief session will be held Friday morning by the nurses in order to complete some unfinished business before the adjournment is taken.

The nurses concluded their work Wednesday afternoon and had a banquet at night. During Wednesday, several interesting addresses were read.

Prevention and Reconstruction.
 H. Grace Franklin, R. N., a graduate of the New York city Training school for Nurses, director of charities for the Woman's Charity association of El Paso, Tex., spoke to the nurses on "Prevention and Reconstruction as Practiced in El Paso." She said:

"El Paso is the only city in Texas doing infant welfare work."
 "El Paso is the only city in Texas doing field nursing."
 "El Paso is the only city in Texas with a well organized school for mothers," or better still a "school of mothercraft."

"I may say El Paso is the only city of its size, in the United States carrying out the prevention and constructive work to the fullest and highest development, and El Paso is able to do this because she has one of the best health departments in the United States and one of the most up-to-date and progressive charity associations."

The Charity association has taken up the work because of graduate nurses, with social welfare training, directs its work. Just being a graduate nurse is not enough. One must have social welfare training to understand how to reconstruct the homes and lives of the poor, and the graduate nurses of Texas will awaken Texas will take first rank, not only in size, but as the first state in the union along preventive and constructive lines.

"Babies are dying because of the ignorance of mothers," Dr. L. Emmett Holt claims that the excessive infant mortality in America is due to the ignorance of the mothers. He believes education of the mother in her home, by doctors and nurses, will do much toward removing the cause, but he also states, that nurses and physicians will have to be trained for this special work. Miss Mary E. Lent, of Baltimore says: "All this means possibilities for the education of the people and the reconstruction of their home lives, which in the hands of an energetic and well trained nurse far exceed those of any other agent."

"Reducing infant mortality is not the only thing accomplished by this work; tenement house conditions are improved, many causes for tuberculosis are removed, many cases of blindness are prevented and many ignorant girls are

CAT ON JOURNEY TO SAN FRANCISCO

San Antonio, Texas, May 25.—Contentedly perched on the trucks of a car was a large black cat as passenger train No. 7, of the Southern Pacific, pulled in from the east. His catnap was discovered by the car inspectors as they were making their customary inspection of the coaches as the train pulled in. With a large hunk of juicy meat they coaxed the cat out and treated it to a square meal, whereupon the cat returned to the trucks and stayed there, leaving here with the train for the west.

During the stop here the inspectors tied a tag around its neck bearing the words, "I am bound for San Francisco." Advertisers received at the dispatcher's office state that the cat was seen at Houston riding the trucks when the train pulled in there. The men at Houston gave the cat a feed and sent it on its way rejoicing.

THE FIVE BARS OF SILVER PROVE TO BE PURE LEAD

Five bars of heavy white metal were found the other day in the offices of the Juarez court of letters. A young (insurrecto) official made the discovery, which was hailed with wild delight. The pieces were weighed, and it was announced that each would bring 1000 pesos, in all 5000 pesos worth of silver bullion.

But now there is another story. Some months ago five bars of pure lead, property of the El Paso Smelting works, were stolen from El Paso. The missing metal, valued at a few paltry dollars, was confiscated by the police of Ciudad Juarez. The case was registered in the court of letters, and has been hanging fire ever since. This remarkable disclosure was made this morning by Jose Flores, late treasurer of the city of Ciudad Juarez.

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Against Burglars

The policy we issue fully protects you, even though your home is unoccupied.

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saved. I firmly believe that home education of the mothers is one of the greatest preventive measures we have for stamping out tuberculosis. We take up every part of the family life and we deal with the child through the mother before the baby is born.

"My experience in this line has been broad and thorough. I established field nursing from children's dispensaries in New York, and in 1909 I opened nine schools for mothers (under the Delineator) the main object being to give nurses a post graduate course in social welfare work. Since then Columbia university has added this to its course and no nurse will ever regret taking up this big, soul developing work.

"In work of this kind prevention is useless without reconstruction, and reconstruction can only be perfected by prevention, therefore El Paso's health department is doing all in its power to enforce sanitation and the building laws."

"El Paso county maintains one of the most up-to-date dispensaries in this country. We have a well equipped building and our physicians are specialists in their particular work. The drugs dispensed are the best. We have an average of 700 individual cases treated monthly, a daily gain of 15 new patients. The supervision of this work falls to my lot and everything is being done to secure results and to prevent the spread of disease."

The school for mothers was opened May 1, 1910, by the Woman's Charity association and has developed into the most powerful of El Paso's preventive agencies. It is not only a school for

mothers it is also a school for the future mother and fathers.

Dr. W. C. Klutz is the attending physician at the baby class which meets Tuesdays, Thursdays and Saturdays at the county dispensary, he is also the attending physician at the summer camp for sick babies.

"We have a prophylactic club for boys and girls, sewing classes for the mothers, sanitary classes for the mothers, field nursing, milk and ice depot, playground, in fact everything, under the one head, for the betterment of the poor."

"Our milk depot does not furnish modified milk. We do not believe in that for we know that women are prone to bottle feed the baby instead of breast feed. It often happens that artificial feeding makes great strides in any community where there is a modified milk depot. We discourage bottle feeding and help mothers to breast feed. We will do everything in our power to prevent the mother from bottle feeding her baby and in every way stimulate breast feeding. We try to nourish as well as instruct our expectant mothers so they will be prepared to breast feed the child."

"Infant mortality is mainly a question of proper feeding and few physicians know anything about scientific feeding. How often do they try to fit the child to the milk instead of fitting the milk to the child. You cannot feed according to age or weight. You must study the child and feed him according to his own needs. Beside the proper nourishment for the child there are also other things to consider in feeding a baby—methods of administration, position, nipples, etc., etc. Again I say before infant mortality can be reduced, before nurses and physicians go to instruct they must have special training."

"Every 10 seconds a baby dies somewhere, or 260 every hour, yet out of the 1078 cases seen at the county dispensary there were but 58 deaths! Can you beat it? Was it the regulation dispensary treatment, or was it due to a scientific handling of the situation and the teaching of hygienic living?"

"Begin with the child before it is born. Remember this and put it into practice in private as well as charity work and you will do much along preventive lines."

"You wonder 'if it pays.' It is difficult to compute the value of these things in dollars and cents, we who are in the work know we are better and bigger for every little life saved and every disease prevented and if I could take you with me through the south side to meet my little friends and their grateful mothers, could you hear my little Anita, as she looks up at me with a world of affection in her beautiful black eyes, clap her hands and say 'My American! you would then know why I like my job. They are my people and I love them because I know them and understand them."

BALLOONIST KILLED IN DENVER AFFRAY

Two Others Injured When Henwood Opens Fire on Von Phul.

Denver, Colo., May 25.—An argument which started at a box party at the Broadway theater and was continued in the barroom of the Brown Palace hotel late last night, developed into a shooting affray in which H. Louis Von Phul, a well-known balloonist of St. Louis, was fatally shot, and J. W. Atkinson, of Colorado Springs, and G. H. Copeland, of Cripple Creek, Colo., were wounded by Frank H. Henwood.

Henwood was arrested immediately and told chief of police Armstrong that Von Phul was to blame for the trouble.

Von Phul died at noon today in St. Luke's hospital.

"He has been playing for me for two weeks, but I got him first," he said to the chief.

In Atkinson and Copeland, it appears, were not concerned in the quarrel, although they had been with the party all evening.

Just what the trouble originated from has not been explained, but it appears that Von Phul applied an epithet to Henwood as the party stood together in the barroom and Henwood whipped out a revolver and began shooting. Von Phul was shot four times.

Copeland and Atkinson each received one bullet. Both the latter were rushed to the county hospital and it was said that their wounds were not fatal. Von Phul was held at the hotel, where surgeons worked over him in an effort to extract the bullets from his body.

Von Phul's presence in Denver was for the purpose of effecting a pursuit race between automobile and his balloon. He had many balloon records, held the speed record for balloon flights, having made the distance from St. Louis to Charleston, S. C., a distance of 690 miles by air line, in 15 hours.

MISS LEIGH WHITE WEDDED IN UTAH

El Paso Girl Is Married to Officer of Harriman Railroad.

Announcement of the marriage of O. S. Osborn to Miss Leigh White, sister of Owen White, of El Paso, has been received here.

The marriage occurred in Salt Lake City, Utah, Wednesday and Mrs. Osborn will make their home in Richfield, Idaho, where Mr. Osborn is stationed as chief engineer of the Central Idaho railroad, which is being built from Richfield to Boise City, Idaho. Owen White attended the wedding from El Paso.

Mr. Osborn is well known in El Paso,

COL. ALLENSWORTH DELIVERS ADDRESS

Ranking Negro Officer Will Address Douglass School Graduates.

The Young People's society, the negro social organization, gave an entertainment at the Crawford theatres Wednesday evening at which Lieut. Col. A. Allensworth, of California, delivered the principal address.

Lieut. Col. Allensworth, who is the ranking negro officer of the United States army at the time of his retirement, will deliver the commencement address to the Douglass school Thursday evening at the Crawford. An elaborate program has been prepared for the annual commencement of the negro schools.

A memorial service will be held Sunday evening in honor of the dead of the civil war. Lieut. Col. Allensworth will also speak at this service.

Our Point Is This---

You will never again be able to buy such bargains in Diamonds, Jewelry, Watches, Clocks, Umbrellas and Bric-a-Brac as

Are Now Selling At Auction

We must close out quickly what remains of the bankrupt stock of the Richards Jewelry Co.

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CITY TICKET OFFICE, ST. REGIS HOTEL.

W. C. McCormick, G. A. J. E. Monroe, C. P. & T. A.

TUCUMCARI DAMSITE PLEASES GOVERNOR MILLS

Tucumcari, N. M., May 25.—Governor Mills and territorial engineer C. Millar visited the Pajarito damsite Wednesday. Both are pleased with the outlook.

MRS. SYKES DIES AT NOGALES.

Nogales, Ariz., May 25.—Mrs. M. E. Sykes, mother of Mrs. J. E. Wise, of Calabasas, died at the home of Mrs. Wise. Funeral services were held at the family home, conducted by Rev. H. McPherson.

The Tenderfoot Farmer

It was one of these experimental farmers, who put green spectacles on his cow and fed her shavings. His theory was that it didn't matter what the cow ate so long as she was fed. The questions of digestion and nourishment had not entered into his calculations.

It's only a "tenderfoot" farmer that would try such an experiment with a cow. But many a farmer feeds himself regardless of digestion and nutrition. He might almost as well eat shavings for all the good he gets out of his food. The result is that the stomach grows "weak" the action of the organs of digestion and nutrition are impaired and the man suffers the miseries of dyspepsia and the agonies of nervousness.

To strengthen the stomach, restore the activity of the organs of digestion and nutrition and brace up the nerves, use Dr. Pierce's Golden Medical Discovery. It is an unfailing remedy, and has the confidence of physicians as well as the praise of thousands healed by its use.

In the strictest sense "Golden Medical Discovery" is a temperance medicine. It contains neither intoxicants nor narcotics, and is as free from alcohol as from opium, cocaine and other dangerous drugs. All ingredients printed on its outside wrapper.

Don't let a dealer delude you for his own profit. There is no medicine for stomach, liver and blood "just as good" as "Golden Medical Discovery."



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